

DIRECTIONS TO THE CENTER

Coming from points South:

270N to Exit 8, Shady Grove Road heading West, follow "H" sign toward Shady Grove Hospital staying in middle lane. Go through the light at Key West Avenue (Route 28) and move into left lane. Make a u-turn at first break in median and make a right into 15005 Shady Grove Road.

Coming from points North:

270S to exit 8 and as above.

Coming from points West:

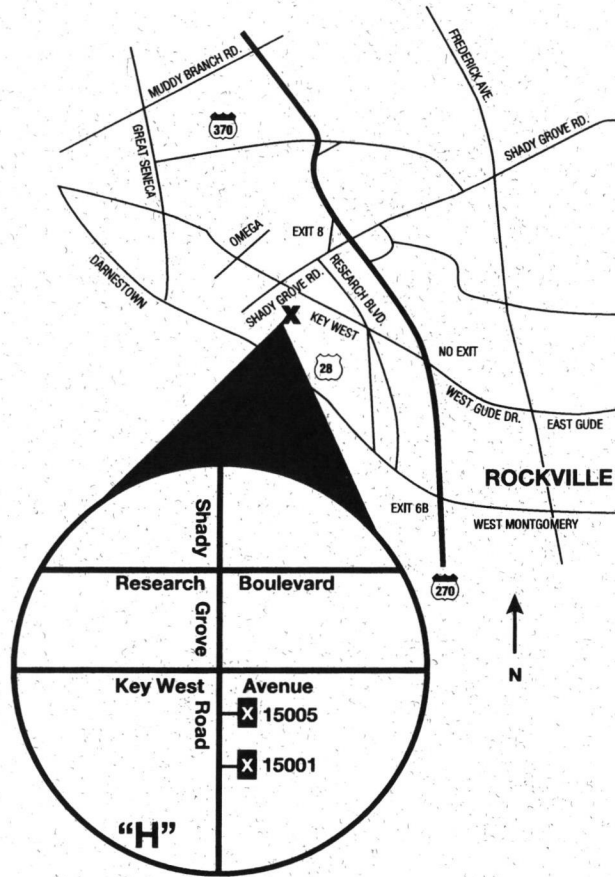
Take Route 28 East which becomes Key West Avenue. Follow to right on Shady Grove Road. Get immediately in left lane. Make a u-turn at first break in median and make a right into 15005 Shady Grove Road.

Coming from Olney/Leisure World:

Take Norbeck Road (Route 28 West) to Gude Drive—right turn on Gude Drive, follow Gude Drive across Route 355 and over Route 270 (now called West Gude Drive.) Gude Drive ends at Route 28, right fork onto Route 28 West. Make a left at light onto Shady Grove Road. Get immediately in left lane. Make a u-turn at first break in median and make a right into 15005 Shady Grove Road.

Coming from points East:

Take Route 28 West which becomes Key West Avenue. Make a left at light onto Shady Grove Road. Get immediately in left lane. Make a u-turn at first break in median and make a right into 15005 Shady Grove Road.



REMINDER: THE BUILDING DOES NOT OPEN UNTIL 6:30 AM

PROCEDURE

EGD Colon
 Other _____

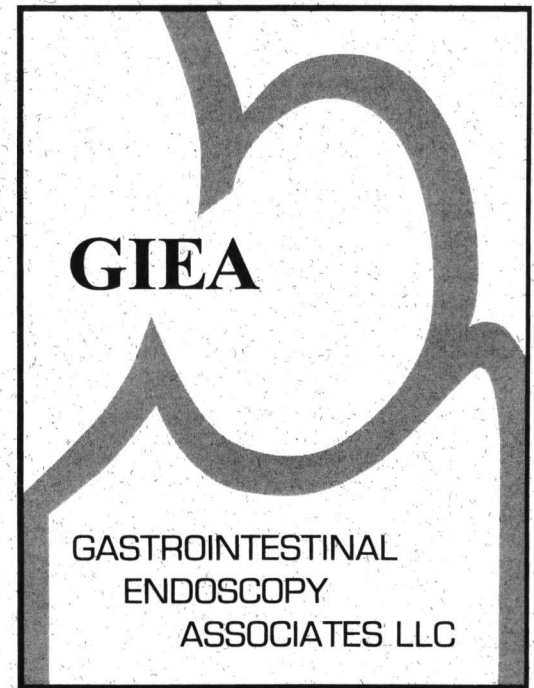
YOU ARE SCHEDULED FOR

Mon. Tues. Wed.
 Thurs. Fri.

Date: _____

Arrive by : _____ AM PM

- Please leave your valuables at home. We will not be responsible for lost items.
- Please bring a list of your medications on the day of procedure.
- If you are allergic to latex or soy products, please contact us at (301) 340-8099 x106.



**15005 Shady Grove Road, Suite 200
 Rockville, Maryland 20850
 301-340-8099
 TTY Users Call Maryland Relay 711**

www.giendo.net

INTRODUCTION

Welcome to Gastrointestinal Endoscopy Associates, L.L.C. GIEA was developed by eight respected and established gastroenterologists in the Rockville area for the purpose of performing diagnostic and therapeutic endoscopy procedures in an out-patient setting. GIEA is a sensible alternative to hospitalization when your doctor orders an out-patient endoscopy procedure. Our modern facility offers "state-of-the-art" care and equipment in a warm and friendly environment. Many patients prefer GIEA to outpatient hospitalization. From admission to discharge, our administrative system is geared to suit the time constraints and busy lifestyles of our patients.

GIEA is a concept whose time has come. By filling a growing need in our community for safe, convenient and cost effective medical care, GIEA sets the standard for health care delivery in the future.

COMMONLY ASKED QUESTIONS

1. *How long will the procedure take?*

An upper endoscopy takes approximately 10 to 15 minutes. A colonoscopy takes approximately 15 to 30 minutes.

2. *How long will I be there after the procedure?*

Patients remain in the recovery area 30 to 40 minutes after their procedure.

3. *Can I drive myself home or take a taxi?*

The medication you receive during the procedure impairs your judgment, perception and coordination the rest of the day. Also, a side effect of the medication is forgetfulness. Therefore, you will need a responsible adult to sign you out and escort you from our facility to your home to assure your personal safety. NOTE: If your procedure is scheduled for 1:30 p.m. or later, your responsible adult must remain present at our Center. You may take a taxi home only if accompanied by a responsible adult. GIEA cannot perform your procedure unless transportation arrangements have been made.

4. *Can I take aspirin or arthritis medication?*

Aspirin and aspirin products are blood thinners. Because biopsies and/or polypectomies may be done during your procedure, these products should be avoided several days before your procedure and several days after. Your doctor will instruct you on whether you should stop aspirin as well as the number of days you should refrain from taking any aspirin products. You may take Tylenol for pain. If you take the drug Coumadin, please discuss any dosage adjustment with your doctor.

5. *Will I be sleeping during my procedure?*

You may receive anesthesia referred to as Monitored Anesthesia Care (MAC). A combination of drugs to make you feel relaxed and very comfortable are administered through an IV (intravenous line). You will be totally asleep, but breathing on your own, and will not respond to conversation.

6. *Will I have pain following the procedure?*

You should have little or no pain following your procedure. If you have an upper endoscopy, you may have a slight sore throat that can be relieved with warm liquids, throat lozenges or, if necessary, Tylenol.

If you have a colonoscopy, you may experience some cramping, gas or a sore rectum. Warm liquids and moving around will help the cramps and gas to pass. Vaseline jelly and Tylenol will help with any rectal discomfort.

If you have redness or swelling at the I.V. site, moist warm soaks will relieve the swelling. If it does not, notify your doctor.

7. *Can my family or friends stay with me?*

When your procedure is finished, your family member or friend may remain with you until discharge.

8. *May I have visitors?*

You must have one responsible adult to drive you home. Because of space limitations and your length of stay, we recommend that children, especially those under the age of 15, do not accompany you to the center.

9. *Can I have alcohol?*

Alcoholic beverages will add to the effect of the medications you will receive during your procedure. Because alcohol is a drug, mixing drugs of any kind is not advised.

10. *Can I smoke while alone after my procedure?*

You may fall asleep without warning after your procedure. This side effect is related to the medication you will receive during your procedure. Although we recommend that you never smoke, if you choose to smoke, please be sure that someone is with you so you do not fall asleep with any smoking materials in your hand or nearby.

11. *Should I take my medications the day of my procedure?*

Please take all essential oral medications **at least four (4) hours before your scheduled procedure time**. No oral or IV blood sugar control medicines should be taken the day of your procedure. Please bring any essential medications that you forgot to take prior to the four (4) hour deadline with you to the center, so it can be taken immediately after the procedure.

FINANCIAL POLICIES

GIEA gladly bills your primary insurance carrier for your procedure. We participate with Medicare and other insurance carriers in the local area. Many HMO/PPO plans require their subscribers to pay a defined co-pay. GIEA will collect this at the time of your admission. We accept Visa, MasterCard, American Express and Discovery as a convenience to our patients.

PLEASE BRING YOUR INSURANCE INFORMATION AND PHOTO I.D. WITH YOU.

GIEA provides services to individuals without regard to race, color, national origin, disability, etc.